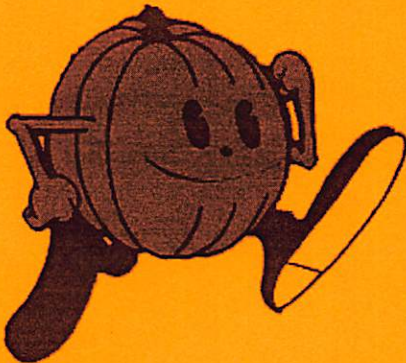


**Elk Ridge Middle School 5K/1 Mile Goblin Chase Race Permission Slip**

On Wednesday, October 31<sup>st</sup>, 2018, Elk Ridge Middle School will hold its annual "Goblin Chase" (Fun Run) through the west subdivision. Students will be called down during 2<sup>nd</sup> period and the race will be run during 2<sup>nd</sup> and 3<sup>rd</sup> period. Students will be running or walking on the sidewalk or on the edge of the street. The route will be marked with orange cones and our staff and school police officer will direct the runners along the route. All students are invited to participate. Students that do participate **MUST** submit the following permission slip to the Main Office by 2:00 pm on Monday, October 29<sup>th</sup>, 2018.

By signing below I understand that running and walking is a potentially hazardous activity and my student should not participate unless they are medically able. My student will agree to abide by any decision of a race official relative to their ability to safely complete the run or walk. I hereby certify that my student is in good health and has trained to run or walk the distance of the race. My student assumes all risks associated with running or walking in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and the conditions of the terrain, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my student's entry into this event, I waive and release Elk Ridge Middle and Jordan School District from all claims or liabilities of any kind arising out of my student's participation in this event.

**Only students who have turned in a permission slip will be able to participate. All school rules are in effect.**



My student \_\_\_\_\_  
has permission to participate in the Goblin Chase Wednesday,  
October 31<sup>st</sup>, 2018.

Grade \_\_\_\_\_ Circle one--> **5K**      **1 Mile**

Parent  
Signature \_\_\_\_\_

Men's T-Shirt Size: CIRCLE ONE → Small      Medium      Large      XL      XXL

Other \_\_\_\_\_